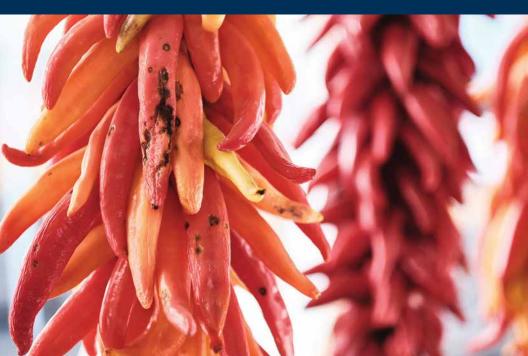


PALMER LAND CONSERVANCY

LOCAL FOOD GUIDE Southern Colorado

FIRST EDITION | 2022



Loving a place isn't enough.

YOU MUST HAVE THE COURAGE **TO PROTECT IT.**



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EXPLORE OCAL FOOD

From the famed Pueblo chile, to sweet Rocky Ford melons, to local beef, the family farms and ranches in southern Colorado work yearround to produce delicious and healthy food for us. Fortunately, we are blessed with an incredible combination of sun, soil, and water providing our region with some of the most productive agricultural land in the nation.

What you'll find

This guide is your key to discovering our region's bounty. Throughout these pages you will find a comprehensive listing of producers and farmers markets where you can buy direct from farmers and ranchers.

Highlighting producers from Chaffee County to Otero County, this guide also features producer profiles, recipes, articles, and a self-guided bike tour map of some of our region's premier agricultural lands. With this unique and comprehensive guide, our goal is to strengthen relationships between community members like you, and the region's agricultural producers.

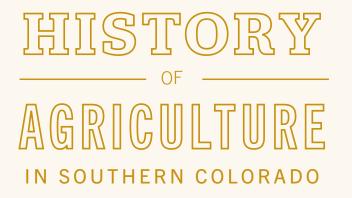
NOURISHING THE NEXT GENERATION

Our hope is that Palmer's Southern Colorado Local Food Guide serves as a source of inspiration and celebration of what makes our region so special. At Palmer Land Conservancy, our vision is to be a part of creating a healthy and vibrant future for the next generation of Coloradans. We hope you will join us by connecting with your local farmers and ranchers and discovering some of the best of southern Colorado.

Bon appetit!

PALMER LAND CONSERVANCY

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The development of agriculture over 12,000 years ago changed the way humans live. We transitioned from a nomadic hunter-gatherer lifestyle to farming with more permanent settlements that provided a more reliable food supply. In Colorado, Indigenous peoples contended with limited precipitation by building dams, canals, and terraces to irrigate food crops in the desert Southwest, including parts of the Arkansas River Valley. When Anglo-Americans arrived in Colorado, they found plains tribes growing the three sisters: corn, beans, and squash. The Arkansas River marked the boundary between Mexican and U.S. territories, and Spanishspeaking immigrants settled along its southern tributaries—the Huerfano, Cucharas, and Purgatoire rivers irrigating small patches of cultivated land as their forebears had done.

Commercial agriculture developed in the Pikes Peak region after gold was discovered in 1858. Once fortune seekers began to realize the difficulty of striking rich, many turned in their pickaxes for plows and focused on the fertile lands in the lower Arkansas Valley. It quickly became apparent that commercial agriculture would require irrigation to succeed, and construction of canals and ditches allowed farms to flourish in the drought-prone climate.

While population growth, drought, wildfires, and flooding continue to present challenges to those who steward the land today, agriculture remains a living tradition in southern Colorado communities. From the fertile farms of southeastern Colorado to the headwaters of the Arkansas River basin where cattle and hay ranches are nestled among the mountains, farming and ranching is essential to our economy, communities, and way of life in southern Colorado.

Otero County

A heavy hitter in Colorado agriculture, Otero County's Rocky Ford region is famous. Ask any Coloradan what they think of when they hear "Rocky Ford," and they'll tell you melons. The Rocky Ford cantaloupe has been a point of pride for the region for more than 130 years. One of the founders of the Rocky Ford melon industry, George W. Swink moved to southern Colorado in 1871, where he quickly saw the region's farming potential. Swink helped construct essential irrigation ditch and canal routes, transforming the region into an agricultural powerhouse. The dramatic day to night temperature fluctuations make Rocky Ford's cantaloupe and watermelon some of the sweetest in the nation. Swink introduced honeybees in 1878, which proved crucial to pollinating mass amounts of melon crops, and established Melon Day, a festival which grew into the Arkansas Valley Fair, the oldest continuous fair in Colorado.

While focused on expanding production, Swink also paid attention to the development of quality, testing numerous varieties to identify those most appropriate to the lower Arkansas Valley. His efforts inspired others with more technical knowledge to devote their talents to local agriculture, and by 1926, farmers in and around Otero County produced 95 percent of all the cantaloupe seed grown in the U.S. and a large share of the watermelon seed. Today, melons remain the region's pride and joy.

Pueblo County

Best known as "Steel City" for its history of steel and rail production, Pueblo County has also been recognized for its premier agricultural lands for more than a century. Many of the family-owned farms in the county represent generations of families who have stewarded the land and helped solidify the county as some of the best farmland in the nation.

In 1868, while visiting farms throughout the state for Rocky Mountain News, Dr. William R. Thomas visited 86 farms along Fountain Creek near Pueblo. He found corn was the principal crop, followed by wheat, oats, barley, and other grains. As Dr. Thomas traveled around other farms in the county, including those in the Huerfano Valley, he found similar crop trends.

Historically, potato crops proliferated throughout Colorado, and in 1868, the Pueblo Chieftain reported that John J. Sease of St. Charles Mesa grew a potato weighing more than 2.5 pounds, part of a 150-bushel crop grown on 0.4 acre. But no discussion of Pueblo's agriculture would be complete without mentioning the renown Pueblo chile. Brought to the area by Mexicans moving to the region, chiles enjoy a long, rich history in the county. Today, the most popular strain, the Mosco, is a more recent development.

Released to growers in 2005, the Mosco chile was developed from Mira Sol plant stock by Dr. Mike Bartolo, a vegetable crop specialist with Colorado State University (now retired). Dr. Bartolo developed the Mosco chile from seed stock given to him by his late uncle, Harry Mosco (for whom the chile is named), a farmer on St. Charles Mesa.

Thick fruit walls makes the Mosco ideal for roasting, the traditional method for preparing Pueblo chiles, as it is less prone to splitting during roasting, ensuring the juices don't seep out and evaporate. As a result, Mosco chiles maintain their rich flavor much better than other strains. One of the largest events in southern Colorado, the three-day Pueblo Chile & Frijoles Festival, celebrates Pueblo chiles and Pueblo County agriculture.

In addition to chiles, crops like corn, beans, pumpkins, squash, beets, watermelons, cantaloupes, and hay are also staples grown in the county.

Fremont County

As Thomas continued his 1868 tour of Colorado agriculture, he observed 66 well-developed farms on Beaver and Hardscrabble Creeks in Fremont County. As in Pueblo County, corn was the principal crop at that time, with wheat ranking second. Just a year before Thomas toured Fremont County, W.C. Catlin planted the first fruit trees on record in the area. Costing more than \$500, these expensive trees were delivered across the plains via wagon; however, very few survived into the 1920s. It wasn't until Jesse Frazier's efforts to establish apple trees that fruit production took hold in the region. His apple orchard became the largest in the state. In 1888, more than 720,000 pounds of fruit was shipped from the county, including apples, pears, grapes, plums, peaches, strawberries, and more.

By 1926, the Upper Arkansas Valley was considered one of the state's more important regions for commercial fruit production, and orchards in eastern Fremont County continue to produce a variety of fruit, thanks to enduring enterprises like Colon Orchards in Cañon City. The county also produces grapes, as well as other vegetable crops, and beef.

El Paso & Teller Counties

After President James Buchanan signed an act creating the Territory of Colorado, El Paso County became one of the original 17 counties created by the Colorado legislature in 1861. The county seat was located in Old Colorado City (now part of Colorado Springs), which sprung up in 1859 and boasted more than 300 dwellings by 1860. William Campbell, Hubbell Talcott, and John Bley built cabins along Fountain Creek and diverted the waters to support farmers, creating the first local water rights.

Irrigated farming in El Paso County has always been tricky. In 1865, El Paso County agriculture experienced the devastation of a "grasshopper year" with swarms not only devouring crops, but also eating leather, wood, and wool. Given the level of toil required to irrigate and raise crops in the area, local residents

E

were so dismayed that they halted work on the Ute Pass Road, deemed important for connecting agricultural producers with the mining districts.

Even after the grasshopper year, raising crops proved problematic. Farmers suffered another bad year in 1888 from a combination of drought and early frost, and no fruits were harvested that year except in the Fountain Valley where irrigation was possible. Nonetheless, farmers persisted and eventually managed to grow wheat, oats, barley, rye, corn, potatoes, timothy, clover, and alfalfa without irrigation. However, irrigated acreage yielded 572 bushels of fruit, including 150 quarts of blackberries, 5,795 quarts of currants, 2,170 quarts of raspberries, and 890 quarts of strawberries. Animal

byproducts, such as meat, cheese, butter, and honey, were more productive. In 1888 El Paso County produced 90,500 pounds of cheese, 83,655 pounds of butter, and 4,125 pounds of honey.

Teller County was formed from part of El Paso County in 1899, the result of political differences between miners in what is now Teller County and mine owners, many of whom lived in Colorado Springs. Though once an important lettuce-producing county, its main crop today is hay, primarily for beef cattle, with a few farmers raising crops like beets, radishes, and hops.

At present, El Paso County's annual farm commodity sales exceed \$31 million with Teller County sales at over \$1.2 million. Statewide, El Paso ranks third in raising horses, goats and chickens; first in production of nursery stock; and second in sod production.

Chaffee County

In the 1920s, Buena Vista became known as the "Head Lettuce Capital of the World." Lettuce is well-suited to Chaffee County's short growing season, and Buena Vista benefited from other favorable conditions—ice and transportation. During winter and spring, workers cut large blocks of ice from Franklin Reservoir, better known as Ice Lake, which supplied millions of pounds of ice that kept lettuce cold during transport to East Coast markets via the nearby Denver and Rio Grande rail line.

G.D. Isabel deserves much of the credit for Chaffee County's once-burgeoning lettuce industry. In 1918, he rented 10 acres on the Burleson Farm near Buena Vista. Later that year, he harvested enough lettuce to fill a train car, earning him approximately \$7,000. By 1921, local lettuce growers had organized the Colorado Co-operative Lettuce Growers' Association at Buena Vista, which also handled other produce like peas and cauliflower.

Lettuce is still grown in the region, along with produce like squash, carrots, broccoli, and herbs. Farm commodity sales in Chaffee County total \$12,237,000 annually. But now hay, including alfalfa, dominates the county's crop production, and most of the hay which supports the area's cattle ranching. In business for 70 years, Scanga Meat Co. continues to process local livestock, supplying retail clients as well as restaurants across the region.

Custer & Huerfano Counties

In 1924, Custer County was once counted among Colorado's major lettuce-producing counties along with Chaffee, Teller, Fremont, and Eagle Counties. By then, Colorado had increased head lettuce production to 5,600 acres, earning growers \$975,000. The following year, lettuce-growing acreage almost doubled to 10,500 acres with a crop value of \$2.1 million. Other high-elevation vegetable crops included cauliflower, peas, and spinach.

Today, Custer County's days as a lettuce producer have gone, replaced by hay, which supports an active ranching community. The county also has 38 active honeybee colonies.

Huerfano County's modern day agricultural roots stem largely from Hispano shepherds moving into the area in the 1860s from the San Luis Valley, bringing sheep grazing into the region. But by the turn of the 20th century, much of the rangelands were purchased by Anglo-American ranchers. Today, Huerfano County's primary commodities consist of hay and cattle.

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Rick Maes, B.S., Cr

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FIND A PRODUCER

Southern Colorado is home to some of the most productive farm and ranchland in the state.

Enjoy discovering our region's locallyowned and operated agriculture operations that continue to sustain our families and communities—all day, every day.

The producers featured here, organized by region, sell directly to consumers either online or in-person at farm stands or farmers markets.

WHAT DO THEY OFFER?

Produce
 Bread
 Dairy
 Seeds/Plants
 Milk
 CSA
 Eggs
 Honey
 Meat

PALMER LAND CONSERVANC

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A DIAMOND BRAND

Offerings: 🥩

↓ (719) 252-5973
 ■ adiamondbrand us

BAUSERMAN'S FARM MARKET

Offerings: 🖔

11786 US-50, Manzanola, CO 81058

- **(**719) 462-5508
- bauserman-fruit-vegetable. business.site

CRANSON ORGANIC FARM MARKET

Offerings: 🖱 ি 🖶 🥩

(719) 469-5166Find us on Facebook

CRITE'S PRODUCE

Offerings: 🖔

(719) 568-2312Find us on Facebook

2 DISANTI FARMS

offerings: ♡ ⓓ @ ⓓ 29114 S Rd, Pueblo, CO 81006 \$ (719) 948-2526 ⓓ Find us on Facebook

3 DITOMASO FARMS

Offerings: (*)

137137 US-50 BUS Pueblo, CO 81006

- **(**719) 948-3200
- Find us on Facebook

GREENHORN FARMSTEAD

Offerings: 🛈 🧐 🔗

- **(**719) 485-6160
- greenhornfarmstead.com

HANAGAN FARMS

Offerings: 🖔

D 25388 County Rd 24.5 La Junta, CO 81050

- (719) 384-5067
- hanaganfarms.com

HIRAKATA FARMS

- **C** (719) 254-7614
- hirakatafarms.com

5 KNAPP'S FARM MARKET

Offerings: 🖔

- 🛱 29742 CO-71
- Rocky Ford, CO 81067
- (719) 254-6265
- Find us on Facebook

LARGA VISTA RANCH AND DAIRY

- Offerings: 🖱 🗐 🥩
- (719) 947-0982
- largavistaranch.com

B LUSK FARM MARKET

Offerings: 🖔

- D 26020 US-50 La Junta, CO 81050
- (719) 469-2405
- Find us on Facebook

MAURO FARMS offerings: ひ () *S* 印 936 36th Ln, Pueblo, CO 81006

€ (719) 948-3381
 ∰ maurofarms.com

MILBERGER FARMS AT PEPPE'S

9 MUSSO FARMS

Offerings: 🖔

- D 35779 Hillside Rd, Pueblo, CO 81006
- **L** (719) 948-3581
- mussofarmschileroom.com

10 NOLA NATURALS

- Offerings: 🖱 ি 🎯
- 46000 Olson Road Avondale, CO 81022
- (719) 942-3000
- nolanaturalsfarms.com

PADILLA'S PRODUCE

- **(**719) 357-7344
- Find us on Facebook

12 PEPPERS & PETALS

Offerings: 🖒 🗟 🖻 () 🔗 🥝 间

- D 2115 Santa Fe Dr Pueblo, CO 81006
- 🕻 (719) 546-3137
- Find us on Facebook

PUEBLO SEED & FOOD COMPANY

Offerings: 🖒 🝺

- **(**719) 250-9835
- farmdirectseed.com

RANCHO LARGO CUSTOM BEEF

Offerings: 🧐

- 🕻 (719) 738-1699
- rancholargo.com

RUSLER PRODUCE

Offerings: 💍

- (719) 947-3361
- ruslerproduce.com

13 SACKETT FARM MARKET

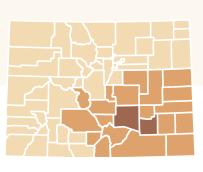
Offerings: 🖒

- 🛱 20277 US-50
- Rocky Ford, CO 81067
- **(**719) 254-6559

14 SMITH FARMS

- Offerings:
- 300 Market St, Rocky Ford, CO
- (719) 469-6550
- Find us on Facebook

(1)





FEATURED FARM **DiSanti Farms**

As a fifth generation family-owned farm, the DiSanti's began growing vegetables in Pueblo in 1890, just a few miles from the current headquarters on South Road on the St. Charles Mesa. With humble beginnings, the DiSanti family has evolved into a successful retail and wholesale grower and shipper that produces 26 different crops, which are marketed throughout the state of Colorado. The farm also has an on-site stand that offers a wide variety of vegetables and fruits, as well as jams, jellies, salsa, flowers, and fresh beef. Customers have been known to rave about the farm's bountiful flower market in the spring and roasted green chiles in the fall.

DiSanti Farms maintains a strong commitment to family, a rural lifestyle, and to providing the freshest and highest quality produce to their local communities. Be sure to stop by in the summer for a visit.



FIND DISANTI FARMS ON THE PRODUCER MAP

PUEBLO COUNTY

29114 S Rd. Pueblo, CO 81006

L (719) 948-2526

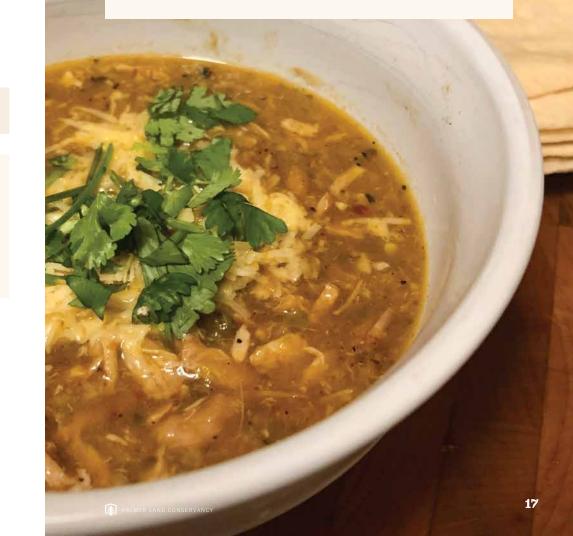
Find us on Facebook

Recipe Spotlight Pueblo Green Chili



This recipe has been respectfully adapted from various sources in Pueblo, from abuelitas to restaurateurs.





PROJECT SPOTLIGHT

Bessemer Farmland Conservation Project

PROTECTING LOCAL FOOD & AGRICULTURE IN PUEBLO COUNTY

Palmer Land Conservancy is working with Pueblo County's farmers, community leaders, public water utility, elected officials, and various conservation stakeholders to mitigate the effects of an impending dry-up of nearly one-third of Pueblo County's irrigated farmland on the Bessemer Ditch.

What started as a small, grassroots community initiative has grown into a nationally recognized historic water conservation project—a project that will not only help to safeguard Pueblo County's agricultural, economic, and ecological future, but will serve as a replicable model for other water-starved regions in the West.



WANT TO LEARN MORE?

Watch the video to see how Palmer is protecting family-owned farms in Pueblo County



Hit the bike trail with us every fall for our annual Bike the Bessemer event.

This fun-filled and educational ride showcases Pueblo County's premier agricultural lands and important water resources. After your 11-mile ride, grab a beer and enjoy a delicious farm-to-table lunch.

palmerland.org/events TICKETS: \$50/PERSON



18



FEATURED FARM | CONSERVED SINCE 2020

Hanagan **Farms**

Over 115 years of hard work and history make the Hanagan Farm, a Colorado Centennial Farm located southeast of Rocky Ford in Otero County, a southern Colorado treasure. The family-owned and operated farm grows a variety of vegetables for retail and wholesale distribution on over 1,000 acres of irrigated farmland.

They offer "pick your own" chiles and tomatoes when they're in season, and they'll roast them for you before you leave. You can also purchase their freshly grown produce through their CSA program or find them at the farmers markets throughout the summer.

In 2019, the Hanagan family chose to protect their land with the help of Palmer Land Conservancy to ensure it remained in agriculture production forever.



FIND HANAGAN FARMS ON THE PRODUCER MAP

OTERO COUNTY

- D 25388 County Rd 24.5 La Junta, CO 81050
- (719) 384-5067
- hanaganfarms.com

Recipe Spotlight **Rocky Ford Melon Salsa**

Excellent topping for grilled chicken breasts or a white fish (such as halibut). This recipe can be adapted to your liking.

RECIPE TIP:

If using a watermelon, consider adding in some chopped-up briny cheese, such as feta or grilled halloumi.



GET THE RECIPE Scan to view the complete recipe on our website.



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AHAVAH FARMS

Offerings: ♥ 🖗 🇁 ᢏ (719) 233-7828 ⊕ ahavahfarm.com

BLUE SKIES ORGANIC VEGETABLES

Offerings: 🖔

(719) 242-5365Find us on Facebook

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COLORADO NATURAL MEATS

Offerings: 🧐

(719) 433-3179coloradonaturalmeats.com

CORNER POST MEATS

Offerings: 🧐

▲ (303) 898-0642
 ● cornerpostmeats.com

EMERGE AQUAPONICS

offerings: ੴ ↓ (719) 270-0889 ⊕ emergeaquaponics.com

FROST LIVESTOCK

Offerings: 🖱 () 🥩 🗰 🕵

- **(**719) 930-0700
- frost-livestock.com

GUTHRIE CATTLE CO.

Offerings: 🧐

- (720) 315-4938
- guthriecattle.com

HERITAGE BELLE FARMS

Offerings: ()

- **(**970) 310-0852
- heritagebellefarms.com

PBJ CATTLE COMPANY

Offerings: 🧐

(719) 306-4005

pbjcattle.com

15 RANCH FOODS DIRECT

Offerings: 🖒 🗟 🗐 () 🔗 🥩 厦

- 1228 E Fillmore St, Colorado Springs, CO 80907
- 4635 Town Center Drive, Colorado Springs, CO 80916
- (719) 623-2980
- ranchfoodsdirect.com

16 SMITH FARMS

- Offerings: 🖒
- 8310 Blue Gill Dr Peyton, CO 80831
- (719) 469-2780
- Find us on Facebook

PALMER LAND CONSERVANCY

THE URBAN ORCHARD

- Offerings: ੴ **∰ €** (719) 314-6902
- urbanorchardco.com

17 VIGIL FARMS

Offerings: 🖔

4526 Austin Bluffs Pkwy, Colorado Springs, CO 80918

✔ (719) 209-4935
 ♥ vigilfarms.com

BLACK SHEEP PASTURES

Offerings: 🛈 🥩

Find us on Facebook

LOCKHART HONEY FARMS

INDEPENDENT FAMILY MARKETS

PUEBLO COUNTY GAGLIANOS ITALIAN MARKET & DELI

Diagonal Pueblo CO 81006

(719) 544-6058

gaglianosmarket.com

CHAFFEE COUNTY SCANGA MEAT

 9250 County Rd 156 Salida, CO 81201
 (719) 539-3511
 scangameat.com

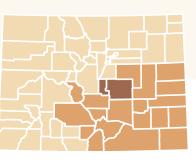
EL PASO COUNTY RANCH FOODS DIRECT TOWN CENTER

 4635 Town Center Drive Colorado Springs, CO
 (719) 559-0873

RANCH FOODS DIRECT FILLMORE

- D 1228 E. Fillmore Street Colorado Springs, CO
- **(**719) 623-2980
- ranchfoodsdirect.com

(1)





FEATURED RANCH | CONSERVED SINCE 2007 BY COLORADO OPEN LANDS

A multi-generational conserved working ranch and farm in eastern El Paso County, Frost Livestock was founded in 1958 in the heart of the Fountain Valley. The Fountain Creek Ranch, home to Frost Livestock, was originally built by Jon Wallace Frost II to support his family of eleven.

Now in its fourth generation of ranching and farming, the Frost family continues to operate with a focus on local food and sustainability. They offer fresh produce, grass-fed-and-finished beef and lamb, eggs, and more through their CSA program and through farmers markets in the region.

Frost Livestock offers a hunting club, the Frost Sportsmen Club, and the property also boasts a stunning farm-to-table wedding and event venue. **EL PASO COUNTY** (719) 930-0700

frost-livestock.com



Grass-fed beef may contain less total fat than grain-fed beef, but a lot more omega-3 fatty acids and CLA, which are both linked to health benefits.



Ride, Stay, or Play, RANCHIE

OF SOUTHERN COLORADO

Grab your hats and boots and head on out to experience one of southern Colorado's authentic working ranches to ride, stay, or play. These family-owned ranches have opened their gates for you to have a unique Colorado wedding, ranching, or hunting experience.

BADGER CREEK RANCH badgercreekranch.com FROST LIVESTOCK frost-livestock.com

EVERETT RANCH WEDDINGS everettranchweddings.com MUSIC MEADOWS RANCH

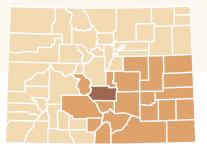
musicmeadows.com

HUTCHINSON RANCH hutchranchsalida.com RANCHLANDS ranchlands.com

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BADGER CREEK RANCH

Offerings: 🛈 🧐

(719) 837-2962

badgercreekranch.com

18 COLON ORCHARDS

- Offerings: 🖱 🗟 🗐 () 🔗 🥩
- 🛱 3175 Grandview Ave
- Cañon City, CO 81212
- (719) 275-6359

colonorchards.com

19 DESERT CANYON FARMS

Offerings: 🖲

- 1270 Field Ave.
- Cañon City, CO 81212 (719) 275-0651

desertcanyonfarm.wordpress.

HIGH COUNTRY GREENS

Offerings: 🖔

 (719) 744-2894
 high-country-greens. business.site

NEW ROOTS FARM

Offerings: 🖔

✔ (719) 671-4273
 ♥ newrootsfarmllc.com

OSWALD GRASS FED BEEF

Offerings: 🧐

- (719) 942-4361
- oswaldgrassfedbeef.com

20 OUR BACKYARD

Offerings: 🖔

- 🛱 1614 Ash St.
- Cañon City, CO 81212 (719) 276-3703
- √ (/19) 2/6-3/03
- ourbackyard-canoncity.com

21 STATELY FARMS

Offerings: 🖒

- 1607 Sherman Ave. Cañon City, CO 81212
- (719) 275-3936
- statelyfarms.com

VIRESCO FARM

- Offerings: 🗘 🥩
- **(**719) 204-5052
- virescofarm.ecwid.com

LOCAL FOOD at your fingertips

Keep a copy of this food guide in your car and your house, but when you're on the go, explore the digital version online!

palmerland.org/find-local-food



GET THE FOOD GUIDE Scan to visit Palmer's interactive online food guide.





FEATURED FARM

Colon Orchards

For over 85 years, Colon Orchards has been a farming icon of Cañon City offering a variety of Colorado grown farm fresh products. During the height of season you will find an abundance of fresh Colorado grown and produced products at this 4th generation familyrun farm stand including roasted chiles, apples, peaches, melons, corn, squash, and tomatoes. They also carry a great selection of local dairy and meat products, beans, jams and jellies, eggs, and more. Who needs a conventional grocery store?

Experience a classic Colorado farm stand, and don't miss out on their fun corn maze and pumpkin patch for the kids in the fall.



FIND COLON ORCHARDS ON THE PRODUCER MAP

FREMONT COUNTY

- Discrete Stranger Str
- **L** (719) 275-6359
- Colonorchards.com

Recipe Spotlight BOOZY Apple Turnovers

This recipe is perfect come apple harvest season. Granny Smiths are the old classic, but if you can find anything in a Cortland, Jonagold, or Empires, those are even better. Remember to always refrigerate your apples to make them last longer.

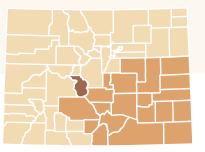


GET THE RECIPE Scan to view the complete recipe on our website.

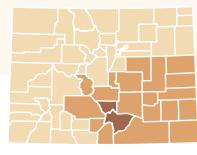


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ARROWPOINT CATTLE

Offerings: 🥶

(303) 618-3135 arrowpointcattle.com



Offerings: 📾

1700 US-24 Buena Vista, CO 81211 (719) 395-4646

⊕ jumpingoodgoats.com

PONCHA CREEK GARDENS

Offerings: (*)

(720) 380-2121 ponchacreekgardens.com

ROCKY MOUNTAIN GARLIC

Offerings: 🖔 (719) 221-6943 rockymountaingarlic.net

VALLEY ROOTS FOOD HUB

Offerings: 🔿 🥩

L (719) 206-2839

walleyrootsfoodhub.com

THE TRIANGLE OASIS

Offerings: 👏 🗐 🇁

(719) 221-9072

thetriangleoasis.com



Asparagus takes three years to develop from seed to harvest.

They gain strength in year two and by the following spring, some of the spears are ready to harvest. Once mature, asparagus plants can be cropped each spring for 15 years or more.



FUNGUS AMONG US MEDICINALS

Offerings: 🖔 fungusamongusmedicinals. com

L&M RANCH 23

Offerings: 🖑 📾 () 🥩 198 Co Rd 440 La Veta, CO 81058 **(**719) 890-4848

Imranch.us

SANGRES BEST BEEF

Offerings: 🧐 (719) 783-2222 sangresbest.com

THARROS ACRES GRASSFED BEEF

Offerings: 🧐 (719) 371-3482 tharrosacres.com

WESTCLIFFE MEATS

Offerings: 🧐 **(**719) 373-0196

Westcliffemeats.com

WESTCLIFFE CHEESE COMPANY

Offerings: 📾 **(**719) 640-7730 westcliffecheesecompany.com

SPICY CHILES

Pueblo chiles range between 5.000 and 20.000 Scoville Heat Units. For reference, the jalapeño ranges between 2,500-8,000 and New Mexico's Hatch chile comes in between 1,000-8,000 SHU.



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FEATURED FARM

Jumpin' Good Goat Dairy

With a goal to combine her love for goats and cheese-making with supplying sustainable food to her community, Dawn Jump founded Jumpin' Good Goat Dairy. Since 2008, this dairy and creamery has worked to supply the Upper Arkansas River Valley with handcrafted artisan cheese. Their award-winning cheese combines a flare for the modern with old-world cheesemaking traditions to provide customers with bright, unique flavors and cheese styles. Their flavors range from Rocky Mountain Dawn Chevre to Buena Vista Blue to Queso de Colorado, a traditional cheese wheel that incorporates dried chipotle peppers.

Stop by their country store to pick up some of their delectable goat cheeses and other locally-made provisions, or stay longer and enjoy an educational tour of their process and even meet some of the goats.



CHAFFEE COUNTY

1700 US-24, Buena Vista, CO 81211

- (719) 395-4646
- jumpingoodgoats.com

Recipe Spotlight Spring Greens Salad

with Goat Cheese Medallions

Enjoy this refreshing salad as a light main course or as a side, just measure your leafy greens accordingly.

PALMER LAND CONSE



GET THE RECIPE Scan to view the complete recipe on our website.

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FEATURED RANCH | CONSERVED SINCE 2007 BY COLORADO OPEN LANDS

Sangres Best Grass-Finished Beef

Founded by third-generation rancher Elin Parker Ganschow, Sangres Best Grass-Finished Beef combines traditional agricultural knowledge with the latest science to grow the best possible grass for their cattle. Operating on the conserved 3,800-acre Music Meadows Ranch in the small Wet Mountain Valley town of Westcliffe, Sangres Best knows that good grass is the secret to great beef and boasts over 60 varieties of forage in their pastures.

Sangres Best ships nationwide and offers various beef shares and options as well throughout the year. Head to their website for recipes and tips if you're seeking a little inspiration for your burgers, roasts, and steaks.

CUSTER COUNTY

- **(**719) 783-2222
- sangresbest.com

Recipe Spotlight Smoked Chuck Roast

RECIPE COURTESY OF SANGRES BEST BEEF

From Sangres Best: This isn't the traditional method of preparing this underrated cut, but it is by far our favorite. This one is meant for you to get creative. Use your favorite spice rub or fruit juice to obtain the flavors you're trying to achieve.



GET THE RECIPE Scan to view the complete recipe on our website.

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SELF-GUIDED Pueblo Farm Bike Tour

While the chile reigns king, Pueblo County grows some of the best produce in the state. Delicious melons, sweet corn, tomatoes, beans, zucchini, squash, and pumpkins are just some of the many fruits and vegetables you can buy directly from the farm or farm stand. The great weather and bountiful produce combined with miles of flat, paved, and gravel roads make biking a perfect alternative to exploring Pueblo's breadbasket during the harvest season.

Here is Palmer's self-guided bike tour through St. Charles Mesa and Vineland in eastern Pueblo County—two of the county's

premier agricultural communities. Stop in at the Great Divide Bike Shop to get squared away with your bike needs before venturing out. You can visit the six highlighted farm stands on this map in under 17 miles round-trip, but you can extend your ride to over 22 miles by riding Cortner Road. Most of the highlighted roads here are paved, but a couple are well-maintained gravel (Cortner and Jersey Roads).

Remember to be respectful and use standard road and cycling safety equipment and practices. Always wear a helmet and proper clothing, and obey traffic rules.

MILBERGER FARMS

28570 US-50 BUS, Pueblo, CO 81006

With crops ranging from asparagus to zucchini, Milberger Farms has something for anyone. Grab lunch at their deli with a cup of homemade Green Chili.

2 MUSSO FARMS

35779 Hillside Rd, Pueblo, CO 81006 This fifth-generation family farm sells a wide variety of produce, but it also boasts a "Chile Room" that's packed with chile-infused products, including everything from pasta to to pickles.



MAURO FARMS & BAKERY

936 36th Lane Pueblo, CO 81006

In addition to a bounty of produce, this fourth-generation family of bakers sells a wide variety of from-scratch baked goods, including their delicious potica.

DITOMASO FARMS

37137 US-50 BUS, Pueblo, CO 81006

Operating for over 100 years, DiTomaso Farms carries a wide variety of seasonal fruits and vegetables for you to take home, including a cornucopia of chile varieties to meet any taste bud requirements.

PANTALEO FARMS

39651 S Rd Pueblo, CO 81006

Well known for its fall pumpkin patch and corn maze, Pantaleo Farms and Pueblo Chili Company have a plethora of products from which to choose, including award-winning chile pepper sausage.

DISANTI FARMS

29114 S Rd, Pueblo, CO 81006

The DiSanti family started farming in 1890 and have kept the tradition going. With more than two dozen crops grown on their farm on St. Charles Mesa, DiSanti Farms has a strong background in providing high quality produce to the local and statewide communities.

FIND A MARKET

Southern Colorado is home to a large selection of fresh food markets.

Enjoy discovering our region's locally-owned and operated fresh food markets.

The markets featured here, organized by region, sell directly to consumers in-person at farm stands or farmers' markets.

WHAT YOU WILL FIND:

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🕙 Produce	🖉 Bread
ன Dairy	🕑 Seeds/Plants
🖻 Milk	csa
) Eggs	🖗 Honey
🥶 Meat	

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PUEBLO & ROCKY FORD

EXCELSIOR FARMER'S EXCHANGE

Dueblo, CO

(719) 947-1087

Find us on Facebook

co.springsidecheese.com/ excelsior-csa

PUEBLO RIVERWALK FARMERS MARKET

- 101 S. Union Ave Pueblo, CO
- puebloriverwalk.org/events/ farmers-market

PUEBLO WEST COMMUNITY MARKETPLACE

- 🛱 61 E. Civic Center Dr. Pueblo West, CO
- **G** Find us on Facebook

SOUTHERN COLORADO FARMERS MARKET & CRAFT FAIR

1600 N Santa Fe Ave Pueblo, CO

G Find us on Facebook

EL PASO & TELLER COUNTIES

BACKYARD MARKET AT RIDGELINE

11631 Ridgeline Dr. Colorado Springs, CO thebackyardmarkets.com

BACKYARD MARKET AT BLACK FOREST 6

- 12530 Black Forest Rd. Colorado Springs, CO thebackyardmarkets.com
- **BANNING LEWIS RANCH** FARMERS MARKET

🛱 8833 Vista Del Pico Blvd. Colorado Springs, CO springsfarmersmarkets.com

BRIARGATE FARMERS MARKET 8

7610 N. Union Blvd. Colorado Springs, CO

springsfarmersmarkets.com

COLORADO FARM AND ART MARKET 9

- D 235 S Nevada Colorado Springs, CO
- 7350 Pine Creek Rd. Colorado Springs, CO
- farmandartmarket.com

CORDERA FARMERS MARKET 10

- 11894 Grand Lawn Cr. Colorado Springs, CO
- springsfarmersmarkets.com

MONUMENT FARMERS MARKET (11)

- 66 Jefferson Street Monument, CO
- springsfarmersmarkets.com/ monument

OLD COLORADO CITY FARMERS MARKET 12

- 24th St. & W. Colorado Ave. Colorado Springs, CO
- pikespeakfarmersmarkets.com

WOODLAND PARK FARMERS MARKET (13)

Memorial Park Center St. & Henrietta Ave. Woodland Park, CO wpfarmersmarket.com

FREMONT COUNTY

14 CANON CITY FARMERS MARKET

- Main Street (4th 7th St.) Canon City, CO greenthumb-initiative.com/
- farmers-market.html

15 FLORENCE FARMERS MARKET

- Florence Pioneer Park 3rd St. & Pikes Peak Florence, CO
- G Find us on Facebook

CHAFFEE COUNTY

BUENA VISTA FARMERS MARKET (16)

McPhelemy Park Buena Vista, CO foodshedalliance.com

SALIDA FARMERS MARKET

- Alpine Park 5th and E Streets Salida, CO
- foodshedalliance.com

CUSTER & HUERFANO COUNTIES

WALSENBURG FARM & MAKERS MARKET 18

Heritage Park Walsenburg, CO G Find us on Facebook

WESTCLIFFE FARMERS MARKET

🗘 315 Main Street

Westcliffe, CO

westcliffefarmersmarket.com

GARDNER FARMER & CRAFT MARKET 20

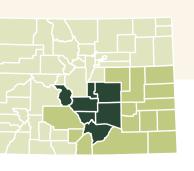
Devilion next to Gardner Methodist Church

LA VETA FARMERS MARKET

- 10 S Main St. La Veta, CO
- G Find us on Facebook



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SOUTHERN COLORADO FOOD

O Guide to What's in Season

April	Мау	June	July	August	September	October	Novembe
				APPLES			
	ASPARAGUS						
			BEETS				
				BELL PEPPERS			
			BROCCOLI & CAULIFLOWER				
			CANTALOUPE				
		CARROTS					
				CHILE PEPPERS			
			GREEN BEANS				
HERBS				HONEYDEW MELONS			
LETTUCE							
LEITOOL			ONIONS & GARLIC				
			PEACHES				
POTATOES							
					PUMPKINS		
SPINACH							
	STRAWBERRIES						
			SUMMER SQUASH				
			SWEET CORN				
	* Information gathered from Colorado Proud website: coloradoproud.com. See their website for a full listing of Colorado produce.		TOMATOES				
* Many meat producers may have a 'fall order' where you can buy in bulk. Check with your favorite local supplier in summer and fall to see what options are available.		WATERMELON					
				WINTER SQUASH			

PALMER LAND CONSERVANCY

PALMER LAND CONSERVANCY

45

EST⊵ 1977 Land III Life

Since 1977, Palmer Land Conservancy has worked with individuals, private and public partners, and various communities to protect over 137,000 acres of land.

We exist to ensure that the reasons we love southern Coloradoits locally grown food, natural beauty, and outdoor spaces-can be enjoyed by everyone now and for future generations.

However, we're losing farm and ranchland at an alarming rate, and multigenerational agricultural families and communities are facing unprecedented challenges. For the health and wellbeing of people and nature, we need to support Colorado's working lands, rural communities, economies, and food supply. Palmer's farm

and ranchland protection work is a critical piece to that puzzle.

Our hope is that Palmer's Southern Colorado Local Food Guide serves as a source of inspiration and celebration and helps to create a vibrant and hopeful path for the next generation of Coloradans committed to local agriculture.

When we look back in five, ten, and fifty years, our vision is that we continue to feel proud to call southern Colorado home and know that, together, we took bold and swift action to protect the land today and for the future.

PALMER LAND CONSERVANCY

A LEADER IN **COLORADO CONSERVATION 45 Years of Impact**



Permanently conserved over 137,000 acres of land

Conserved over 100,000 acres of critical farm & ranchland ensuring local food production



Achieved an estimated \$136 million in on-theground conservation*



Partnered with over 300 private & public landowners, funders, and partners

Protected 20 public parks and open spaces



For every \$1 invested in conservation in the region, returned \$12 of ecological & economic benefit**



Led a historic water initiative aimed to solve the West's most pressing water issues

* Based on today's dollars and an average price per acre of \$1,000 in southern Colorado

** Based on Colorado State University's "Investing in Colorado: Colorado's Return on Investment in Conservation Easements" 2017



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Be a Land Lover

What you love, you protect.

If you have strolled in a public park, explored a trail, eaten locally grown food or taken beautiful photographs outdoors, then you love the land.

But loving a place is just the beginning; you must have the courage to protect it. Together, we can ensure the Colorado we enjoy today is here forever.

YOUR DONATION MAKES AN IMPACT

Become a Member

Donate today and join a passionate community of land lovers. In addition to our gratitude, receive exclusive invitations to member-only events, a copy of Palmer's field guide to protected properties, and more.

➢ Get Social

Support the conservation movement and learn more by following us on social media. Help us raise awareness about the importance of land and nature by sharing your stories and tagging us every time you enjoy outdoor recreation, local food, and beautiful views.

Explore & Discover

Get to know our work better. There are a few good places to start online: Download our Field Guide and explore Palmer's 20 protected public parks and open spaces, or sign up to receive *Colorado Good Life*, Palmer's biannual magazine that features hidden gems, great hikes, delicious eats, and more throughout southern Colorado.

 Image: Share with us! Tag your posts with: #BEALANDLOVER

palmerland.org



The land and water, and the people who steward these precious resources, are essential.

TO THOSE WHO GROW, RAISE, CATCH, HARVEST, AND PROCESS THE FOOD AND FIBER THAT SUPPORTS US, WE THANK YOU.

We want to thank and acknowledge the farmers, ranchers, and other agricultural producers and operators throughout southern Colorado and across the country who work tirelessly to produce the food that nourishes our families and our communities. It is because of their hard work and tenacious spirits that Coloradans can enjoy nature's bounty and have food on our tables.

Thank you



COLO SPRINGS OFFICE

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121 W. City Center, Suite 200D Pueblo, CO 81003

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