

PALMER LAND CONSERVANCY



Southern Colorado FOOD GUIDE

IN-SEASON PRODUCE | 2022





SOUTHERN COLORADO FOOD GUIDE

A top 25 guide to what's in season

April	May	June	July	Aug.	Sept.	Oct.	Nov.
				Apples			
	Asparagus						
			Beets				
				Bell Peppers			
			Broccoli & Cauliflower				
			Cantaloupe				
		Carrots					
				Chile Peppers			
			Green Beans				
Herbs							
				Honeydew Melons			
	Lettuce						
			Onions & Garlic				
			Peaches				
Potatoes							
					Pumpkins		
Spinach							
		Strawberries					
			Summer Squash				
			Sweet Corn				
			Tomatoes				
			Watermelon				
					Winter Squash		